

CPWR Initial Guidance on COVID-19

12 March 2020

Check back here often for updates to this information:

<https://www.cpwr.com/covid-19>

In response to the construction industry's questions regarding the COVID-19 outbreak, the following are steps everyone should be taking now:

- If you are feeling sick, do not go to work.
- Don't shake hands when greeting others.
- Try to stay three to six feet away from others in gatherings, meetings, and training sessions.
- Avoid contact with sick people.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Clean your hands often by washing them with soap and water for at least 20 seconds or using an alcohol-based hand sanitizer that contains 60%–95% alcohol. Soap and water should be used if hands are visibly dirty.
- It is especially important to clean hands after going to the bathroom, before eating, and after coughing, sneezing or blowing your nose.

Construction industry employers should also:

- Plan for office staff to have the ability to work from home.
- Provide soap and running water on all jobsites for frequent handwashing.
- Provide hand sanitizer when soap and running water are impossible.
- If you work in healthcare facilities, train your workers in Infection Control Risk Assessment—for information on this training program offered through CPWR, visit:
 - <https://www.cpwr.com/training/infection-control-risk-assessment-icra>

Special guidance for travel:

Individuals at high risk for complications from COVID-19 should follow the current CDC's guidance:

- Currently, older adults and persons with underlying health conditions, such as heart or lung disease or diabetes, are considered to be at increased risk for severe illness and complications from COVID-19. People in high-risk groups should consult with their healthcare provider about attending large events. (See: [CDC guidance](#))
- Older adults and travelers with underlying health conditions should avoid situations that put them at increased risk for more severe disease. This entails avoiding crowded places and avoiding non-essential travel such as long plane trips. (See: [CDC guidance for travel](#))

Additional links from our Federal Government Partners:

From OSHA: <https://www.osha.gov/SLTC/covid-19/>

From NIOSH: https://www.cdc.gov/niosh/emres/2019_ncov.html

From CDC: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

From CDC for Employers about getting their businesses ready:

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/guidance-business-response.html>